

Rappahannock District 19

P. O. Box 1153

Fredericksburg, VA 22402

District Representative Report for Assembly May 4, 2019

As the new District Representative for District 19, I am pleased to report that we have 12 Groups and recently voted at our monthly meeting to register a new group to meet on Sunday mornings. This means that we have at least one and sometimes more meetings every day of the week. We recently renewed our website which has been active, especially our Where & When to help those who need meetings find the locations and times.

Over 3 meetings we have had discussions on Safety in our Meetings, using "Let's Talk about Safety in Al-Anon Meetings!" We are financially secure with group support and fund raisers.

We are planning for our Annual Spring Pot-Luck Dinner to be held May 18, 2019 at Salem Baptist Church, Fredericksburg, VA, from 4 to 8 pm. I am very pleased that Terry Woodside, our VA Delegate to WSC will be our speaker. We sent a big box of love gifts to Terry at the WSC. We will have 4, maybe 5 attending Assembly on May 4.

Respectfully submitted,

Ann Gorrell

District 19 Representative